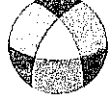


NOVEMBER 2024

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9-12 Hot Lunch Menu



MCFI
MILWAUKEE CENTER
FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE</p> <p>MENU SUBJECT TO CHANGE</p>				<p>1</p> <p>National Calzone Day! New! WG Beef Pepperoni Calzone Broccoli Bites w/ Ranch Seasonal Fruit & 100% Juice Choice of Milk</p>
<p>4</p> <p>Italian Pull Aparts Marinara Dipping Sauce (¼ cup) Baby Carrots (1 cup) Seasonal Fruit & 100% Juice Choice of Milk</p>	<p>5</p> <p>National Take Out Day! Orange Chicken WG Brown Rice Cucumber Slices Seasonal Fruit & 100% Juice WG Chocolate Bear Crackers Choice of Milk</p>	<p>6</p> <p>National Nachos Day! Beef Nachos Shredded Cheddar Taco Sauce or Cholula Tortilla Chips (1 oz) Fiesta Black Beans Seasonal Fruit & 100% Juice WG Cinnamon Goldfish Choice of Milk</p>	<p>7</p> <p>-DOMINOS DAY!- Dominos Cheese Pizza Slice Romaine Lettuce Salad Creamy Italian Dressing Seasonal Fruit & 100% Juice WG Pretzel Goldfish Choice of Milk</p>	<p>8</p> <p>WG Chicken Patty Sandwich WG Hamburger Bun Franks or Mayo Sweet Corn Kernels Seasonal Fruit & 100% Juice Choice of Milk</p>
<p>11</p> <p>Beef Meatballs & Gravy WG Brown Rice WG Pretzel Breadstick Celery Sticks Seasonal Fruit & 100% Juice Choice of Milk</p>	<p>12</p> <p>WG Chicken Nuggets (7 each) BBQ Sauce Packet Vegetarian Campfire Baked Beans Seasonal Fruit & 100% Juice Assorted WG Crackers Choice of Milk</p>	<p>13</p> <p>Hearty Beef and Bean Chili Shredded Cheddar Cheese WG Cornbread WG Cheddar Goldfish Crackers Crunchy Baby Carrots Seasonal Fruit & 100% Juice Choice of Milk</p>	<p>14</p> <p>BBQ Chicken Sandwich WG Hamburger Bun Oven Roasted Potatoes Seasonal Fruit & 100% Juice Choice of Milk</p>	<p>15</p> <p>Creamy Chicken Alfredo Twirly Pasta WG Dinner Roll Fresh Broccoli Bites Seasonal Fruit & 100% Juice Choice of Milk</p>
<p>18</p> <p>Glazed Chicken Leg WG Cornbread Steamed Green Beans Seasonal Fruit & 100% Juice Assorted WG Crackers Choice of Milk</p>	<p>19</p> <p>Teriyaki Chicken WG Brown Rice WG Pretzel Breadstick Baby Carrots Seasonal Fruit & 100% Juice Choice of Milk</p>	<p>20</p> <p>Cheeseburger on WG Bun Local All Beef Patty Ketchup Packet Vegetarian Baked Beans Seasonal Fruit & 100% Juice Choice of Milk</p>	<p>21</p> <p>-DOMINOS DAY!- Dominos Cheese Pizza Slice Romaine Lettuce Salad Ranch Dressing Seasonal Fruit & 100% Juice WG Assorted Crackers Choice of Milk</p>	<p>22</p> <p>Oven Roasted Turkey w/ Gravy WG Buttermilk Biscuit w/Honey Mashed Potatoes Seasonal Fruit & 100% Juice Choice of Milk</p>
<p>25</p> <p>WG Popcorn Chicken (10) BBQ or Franks WG Corn Muffin Steamed Carrots Seasonal Fruit & 100% Juice Choice of Milk</p>	<p>26</p> <p>WG Cheese Pizza Sticks Marinara Dipping Sauce Garden Blend Salad Ranch Dressing Seasonal Fruit & 100% Juice Choice of Milk</p>	<p>27</p> <p>Managers Choice Entrée Seasonal Vegetables Seasonal Fruit & 100% Juice Choice of Milk</p>	<p>28</p> <p>Thanksgiving Day MCFI Closed</p>	<p>29</p> <p>Holiday MCFI Closed</p>

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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